



Nora Mill Granary
7107 South Main Street
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noramill.com

Nora Mill Whole Wheat Waffles and Muffins

Waffles

1 1/2 Cup water 2 Cups Nora Mill
Whole Wheat Mix

Mix ingredients just until moistened...batter should be a little lumpy. Follow instructions for your waffle iron, baking until crisp.

Makes 5 large waffles.



Muffins

2 eggs, slightly beaten 4 T. melted butter
1 Cup milk or buttermilk 2 Cups Nora Mill
Whole Wheat Mix

Mix first three ingredients in a medium bowl. Add dry mix and mix just until blended. Fill greased muffin tins 2/3 full and bake at 375° F for 15-20 minutes until done.

Try adding 3/4 cup chopped bananas, dried fruit or blueberries to the muffin mix. YUMMY!



To maintain the flavor and nutritive qualities of whole grains, they should be kept in airtight containers in the refrigerator or freezer.

